



The Benefits Bulletin

Statewide Benefits
Office

October 2, 2019

FSA Open Enrollment

An FSA will allow you to save money on medical, vision, dental and prescription expenses for you and your family; and dependent childcare expenses! FSA Open Enrollment is **November 1 - 15, 2019** for the six-month Short Plan Year, **January 1, 2020 through June 30, 2020**. Starting in 2020, FSA enrollment will now be part of the Annual Benefits Open Enrollment in May for the plan year that runs July through June. The Short Plan Year is the perfect time to try an FSA. **REMEMBER, YOU MUST ENROLL IN FSA EACH PLAN YEAR.** Additional information is available on the Statewide Benefits [Flexible Spending Account](#) page.

Maternity Support

This month, SBO has added Maternity Support Programs to the "Wellness Services, Discounts & Other Resources" section of each health plan. Women who are enrolled in a State of Delaware Aetna or Highmark Delaware health plan have access to programs that provide ongoing support and management tools to help maintain the health of both, mom and baby. These programs are available to members for FREE and prepare mom for a healthy pregnancy and delivery. To learn more, visit de.gov/statewidebenefits, select your group, then select your health plan.



Hidden Treasures:

Find the hidden code on the Employee Assistance Program (EAP) page on our website and email the code to sbo.communications@delaware.gov (Subject: Hidden Treasures). The first person to email the correct code will win an electric toothbrush provided by Delta Dental. Congratulations to last month's winner, Tiffini M., Red Clay Consolidated School District!

SEBC Spotlight

The SEBC wants you and your family to receive the highest quality care and reward you for it. [SurgeryPlus](#) is a FREE benefit that provides access to a premier network of high-performing surgeons for planned surgical procedures that are not an emergency. The SurgeryPlus network of providers and facilities are required to meet strict credentialing guidelines. This commitment to Surgeons of Excellence results in many of the providers being located outside of Delaware. However, SurgeryPlus pays for the travel expenses to visit their provider and members selecting a participating provider will not have a copay, deductible or coinsurance. SurgeryPlus also negotiates a single cost (bundled rate) for the entire surgical procedure. The combination of the bundled rate and high quality surgeons results in a savings to the State of Delaware. These savings are passed on to you, the member, in the form of substantial financial incentives up to \$4,000. In addition, a Care Advocate can help you understand your surgical choices, choose a provider, book appointments, facilitate medical records transfer, and coordinate travel. Individuals enrolled in a State of Delaware Aetna or Highmark Delaware non-Medicare health plan are automatically enrolled in SurgeryPlus.

Employee Spotlight

"I tried [Teladoc](#) for the first time. It is a life changer! I waited about ten minutes for the doctor to call. He was very thorough with his questions, attentive, and nice. The call was not real long (another bonus). This benefit is WONDERFUL. I wish I would have tried it sooner! The best part is I didn't have to sit in a walk-in with a room full of sick people and wait HOURS! I am so impressed!!!! I will definitely be using it again!"

~ Melinda P., Dept. of Human Resources